



S.O.L.V.E. Study



Supportive Outcomes through Listening, Validation, and Empowerment Study

Do you want to create a positive change in your life?

Who can participate?

We are recruiting adults between the ages of 18 and 30 with a diagnosis of autism to participate in a University of Texas at Austin study evaluating the use of Solution Focused Brief Therapy (SFBT) for autistic adults.

What will participants do?

- Complete an eligibility screening questionnaire over Zoom
- If eligible, complete a one-hour interview before engaging in SFBT
- Take part in 4-6 remote SFBT sessions.
- SFBT sessions will include setting goals for yourself and receiving support from a clinician to meet your goals.
- Complete a one-hour interview after the last SFBT session
- Receive a \$50 gift card per completed one-hour interview for a total of \$100 in gift cards.

If you are interested in participating or learning more, complete the form at the link below or scan the QR code.

Interest Form Link: (<http://links.utexas.edu/cunxuos>)



If you have any questions or if you need help filling out the interest form, you're welcome to email Sandy Magaña at smagana@austin.utexas.edu

