The University of Texas at Austin
Texas Center for Disability Studies
School of Social Work

Do You Want to **Make a Positive Change in Your Life?**

S.O.L.V.E. Study

Supportive **O**utcomes through **L**istening, **V**alidation, and **E**mpowerment

What is the study about?

This is a research study testing a type of talk therapy called Solution-Focused Brief Therapy (SFBT), a short therapy that builds on your strengths and goals.

Who can participate?

We are looking for autistic individuals who:

- Are 14 to 22 years old
- Have an autism diagnosis
- Live in Texas

What will participants do?

- Complete an eligibility screening questionnaire over zoom
- Complete 3 online interviews during the study
- Attend up to six weekly, one-on-one remote therapy sessions
- Set goals that are important to you
- Receive support from a therapist to help you work toward your goals

Participants will receive up to $100 in gift cards if they complete all aspects of the study.

How do I join?

To learn more or see if you qualify, fill out the interest form using the link or scan the QR code:
https://redcap.link/SOLVE3

If you have questions or would like help completing the interest form, please contact the study coordinatior, Larissa Minner by email larissa.minner@austin.utexas.edu